STUDENT MANUAL

The Almanac aims at establishing an invaluable link between teachers students and parents. It is intended to serve:

- 1. As an all-in-one ready reckoner and planner for students; and
- 2. As a means of communication between parents and the School:

to keep parents abreast with what their children are studying at School and the curricular progress of their wards;

to keep parents informed with respect to home assignments;

to serve as a handy reference with regard to the student's schedule;

and to be used for convenient, day-to-day correspondence (related to academic and conduct) between parents and the School staff.

Students should ensure that they bring this Almanac to School every day, use it productively and treat it with care.

Code of conduct:

A code of conduct defines pacted conduct between students and school environment with the confidence that they will be treated as valued individuals. This code of conduct is intended to benefit parents, student and staff members. It is essential that students know what behaviour the school expects. Student should be prepared to discuss the code of conduct with staff members to ensure its understanding and acceptance. Students need to know what consequences will follow if they breach the code of conduct. Teacher rely on the code of conduct to ensure consistency in staff responses to behavioural issues. Student should expect a disciplinary action from the school for a serious violation of the code of honour or code of conduct, where such violation occurs on school property or while off-campus: a) on an official school-sponsored trip; b) on a school –sponsored event during a day leave; c) when returning from an off-campus trip or event.

HIS Discipline philosophy:

The purpose of discipline is to help students maintain a positive learning atmosphere in the school and to modify unacceptable behaviour. The school will encourage students to develop self-discipline. The unique aspects of each situation will be considered within the overall framework of consequences and consistency of expectations, as outlined in this code of conduct.

Responsibility of students and Degree of misconduct at a glance.

ACADEMIC SLACKNESS AND MISBEHAVIOUR

Responsibility of the student: Students are expected to maintain the decorum of the classroom and be punctual in submission of assignments. (Includes disrespect towards teachers and staff members, repeated defaults in assignments, theft amongst other similar activity.)

Management: The teachers will encourage neat and tidy work and ensure full guidance and support to the students.

Degree of Misconduct	Student Level	Action
	Kindergarten, Primary and	Children shall be given formal counselling.
Initial three weeks	Secondary	Note shall be sent to parents seeking support.
	Secondary	Student shall be given verbal reminders.
(Classes 6 to 12)		Notes shall be sent to parents seeking support.

Degree of Misconduct	Student Level	Action
Problem persists beyond the first month of academic year/child's entry into school	Primary (Classes 1 to 5)	Certain privileges/responsibilities shall be temporarily suspended.
	Secondary (Classes 6 to 12)	Certain privileges/responsibilities shall be temporarily suspended.
		A Warning card shall be issued and recorded in the student's file.
Problem persists beyond a term	Primary and Secondary (Classes 1 to 12)	Action shall be taken at the discretion of the Discipline Committee in consultation with the Head.

ACADEMIC HONESTY

Responsibility of the student: Students are expected to approach the examinations with honesty and sincerity and follow the rules and regulations. Students must not indulge in plagiarism.

Management:

- a talk in assembly on moral values and educating students on the consequences of cheating during the examination
- * a physical check will be conducted on the students
- to visit the toilet (Unless the invigilator feels it is unavoidable)
- surprise check will be conducted by a team of exam supervisors i.e. member of the examination committee, Coordinator,
 Head or Principal

Degree of Misconduct	Student Level	Action
	Drimory (Classes 1 to E)	Children shall be given formal counselling.
	Primary (Classes 1 to 5)	Note shall be sent to parents seeking support.
First time	Secondary (Classes 6 to 12)	A written warning shall be given to the student concerned and 10% marks shall be deducted from the marks obtained in the subject being examined.
		Notification shall be sent to parents.
	Primary (Classes 1 to 5)	Certain privileges/responsibilitiess hall be temporarily suspended.
Second violation	Secondary (Classes 6 to 12)	Student shall not be allowed to continue writing the exam .
	Secondary (Glasses O to 12)	Parents shall be notified.
	Primary (Classes 1 to 5)	Parents shall be notified and called for a meeting with the Level Coordinator.
Third Violation	Secondary (Classes 6 to 12)	Student shall be awarded a zero and a yellow cards hall be issued and recorded in the student's file.
	,	In case of strong violation, strict disciplinary action will be initiated .

POSSESSION OF NON-PERMISSIBLE ARTICLES

Responsibility of the student:

Students are expected to adhere to the following rules:

- only personalised equipment used for CCA and ECA is allowed to be brought to school.
- Sharp / dangerous objects such as scissors, blades, lighters, matchboxes etc are not permitted. Other prohibited items

include:

- i) Electronic / communication items including wrist watches for 1-5, mobile phones, gaming consoles / gaming devices / cards, digital music players / music devices, laptops / tablets / handheld computers and any such item falling under the category
- ii) Child's personal story-books, comics or other books
- iii) Toys and other play items
- iv) Stickers and posters
- v) Gifts for other children or for teachers

Degree of Misconduct	Student Level	Action
Possession of any of	Primary	The article shall be confiscated and parent shall be notified.
the articles mentioned	(Classes 1 to 5)	The article shall be returned only to the parents/guardian
under the section 'Possession of Non-	Secondary (Classes 6 to 12)	The article shall be confiscated and parent shall be notified.
Permissible Articles' at		The article shall be returned only to the parents/ guardian.
any point in time		Repeat shall result in confiscation on a non-returnable basis.

DISREGARD AND DISRESPECT TO CLASSMATES AND TEACHERS

Responsibility of the student: Students are expected to maintain decorum at all times, follow the school rules and refrain from inappropriate actions and behaviour. (Harassment/ Bullying, Gender, Racial, Ethnic and or Sexual Harassment, Abuse, Physical fight, Public displays of affection)

Degree of Misconduct	Student Level	Action
	Primary (Classes 1 to 5)	Student shall receive formal counselling
Pullving/	Fillinary (Glasses 1 to 3)	Parent shall be notified and shall be called for a meeting
Bullying/ Harassing/		Student shall receive formal counselling
Ragging	Secondary (Classes C to 10)	Parent shall be notified and shall be called for a meeting.
	(Classes 6 to 12)	Student shall be suspended/expelled at the discretion of the Discipline Committee in consultation with the Principal
	Primary (Classes 1 to 5)	Student shall receive formal counselling
5		Parent shall be notified and shall be called for a meeting
Physical Fights / Verbal Abuse / Use of	Secondary (Classes 6 to 12)	Student shall receive formal counselling
Inappropriate		Parent shall be notified and shall be called for a meeting.
Language		A warning card shall be issued.
		Student shall be suspended/expelled at the discretion of the Discipline Committee in consultation with the Principal
Public Displays of Affection	Secondary (Classes 6 to 12)	Student shall receive formal counselling
		Parent shall be notified and shall be called for a meeting.
		A warning card shall be issued.
		Student shall be suspended/expelled at the discretion of the Discipline Committee in consultation with the Principal

BORROWING AND USE OF SCHOOL PROPERTY

Degree of Misconduct	Student Level	Action
Damage of School property such as sports equipment, library books etc.	Primary (Classes 3 to 5) and Secondary (Classes 6 to 12)	Damage to the borrowed property or failure to return the property shall result in a fine for an amount double the cost of purchase of replacement of the property

VANDALISM

Responsibility of the student: Students are expected to refrain from destruction to personal, individual or school property.

Degree of Misconduct	Student Level	Action
	Primary (Classes 1 to 5)	Student will receive formal counselling.
		Parent shall be notified and will be called for a meeting
		Student will be involved in community service like cleaning inside the school premises
		Certain privileges/responsibilities will be temporarily suspended.
Disregard and Disrespect towards personal, individual and school property		The student will be fined a sum greater than the cost of repairs /replacement
	Secondary (Classes 6 to 12)	The student will be fined a sum double than the cost of repairs/replacement
		Parent shall be notified and will be called for a meeting
		A Warning card shall be issued and recorded in the student's file.
		Student will face an out -of-school suspension or other corrective action as per the School's Suspension and Expulsion Policy.

THEFT

Responsibility of the student: Students are expected not to include in any incident related to theft which is unacceptable to the school as is also against the laws

Degree of Misconduct	Student Level	Action
	Kindergarten	Student will receive formal counselling.
		Parents shall be notified.
	Primary (Classes 1 to 5)	Student shall receive formal counselling
Students using or in		Parents shall be notified.
possession of other students' property or		Certain privileges/responsibilities shall be temporarily suspended.
money without their	Secondary (Classes 6 to 12)	Student shall receive formal counselling
permission		Parents shall be notified.
		Certain privileges/responsibilities shall be temporarily suspended.
		A Warning card shall be issued and recorded in the student's file.

GENERAL RULES IN THE MESS, AUDITORIUM, AV ROOM, ECA AND CCA

Responsibility of the student: Students are expected to maintain decorum at all times in the school.

Degree of Misconduct	Student Level	Action
	Kindergarten	Children will receive formal counselling
	Primary (Classes 1 to 5)	Children will receive formal counselling
		Certain privileges/responsibilities will be temporarily suspended.
		Parent will be notified
Violation of rules and		Children will receive formal counselling
regulations set forth for these rooms.	Secondary (Classes 6 to 12)	Certain privileges/responsibilities will be temporarily suspended.
		Parent will be notified. A warning card will be issued.
		Further failure to comply with the rules will result in suspension.
		Action will be taken at the discretion of Level Coordinators and/or Discipline Committee in consultation with the Principal depending upon the severity of the offence.

APPROPRIATE USE OF SCHOOL COMPUTERS AND COMPUTER FACILITIES

Responsibility of the student: Network is provided for the students to facilitate sharing, innovation and communication. All facilities must be regarded as privileges, which may be withdrawn at any time.

Guidelines for appropriate use of computers and computer facilities

(Students are expected to maintain Social Media Usage norms at all the times including out of school hours)

- students are not to play games across the school network.
- students are not permitted to use, possess, download or search for any program that is designed to reduce or bypass network security.
- students must not store or transmit copyrighted material on the school network.
- students are not to adjust any computer hardware.
- students are not permitted to add or delete software or change the settings on any computer.
- the Internet is provided to assist student's education and is used with permission.
- students will not look for distasteful images or bad language whilst online and will report any sites containing this if they come across them accidentally.
- students must understand that they can only access sites relevant to educational work in school and they are not permitted to access social networking sites or visit sites not related to his/her curriculum.
- Students must not attempt to deliberately hack into the School network.
- any electronic communication sent or received via School network can be monitored at any time without warning.

Degree of Misconduct	Student Level	Action
More than one corrective measure may apply for any		The student will receive formal counselling
breach of the school laws depending upon the severity of the breach. Repeated violations will be dealt more barshly than a	Primary	Certain privileges or responsibilities will be temporarily suspended. Parent will be notified.
	Action will be taken at the discretion of Level Coordinators and finally Principal/ Vice Principal depending upon the severity of the offence.	

Degree of Misconduct	Student Level	Action
More than one corrective measure may apply for any breach of the school laws	Secondary	He student will receive formal counselling.
		Certain privileges/responsibilities will be temporarily suspended.
		A notification will be sent to parents. A warning card will be issued
depending upon the severity of the breach. Repeated violations will be dealt more harshly than a first time violation.	(Classes 6 to 12)	Action will be taken at the discretion of Level Coordinators and/or Discipline Committee in consultation with the Principal depending upon the severity of the offence. suspension or expulsion from school.

SERIOUS VIOLATIONS

Students are expected to comply with the school rules at all times. The school will familiarise the students with the school rules Serious violations will be referred to the principal or his/her designee.

Degree of Misconduct	Student Level	Action
Those not accounted for in the above listing but that which may arise under any situation at any time.	All Levels	Students are expected to comply with the school rules and laws at all times. Serious violations will be referred to the Principal or his/her designee. Strict disciplinary actions will be initiated.

UNACCEPTABLE BEHAVIOUR:

At any time, no student (or parent of a student, where applicable) shall indulge in any of the following activities:

- Physical or verbal assault on a fellow student or teacher or any member of the staff.
- ii. Use of abusive language, quarrelsome and riotous behaviour.
- iii. Acting in a manner that is or may be detrimental to the reputation, dignity, interest, or welfare of the School.
- iv. Contravention of the rules, policies, guidelines, codes of conduct, or procedures as may from time to time be prescribed by the School.
- v. An offence involving or resulting in criminal activity.
- vi. Theft, fraud or misapplication in connection with School funds or property of any kind.
- vii. Mutilation/destruction of school records and property; or the property of another student, or employee of the school.
- viii. Falsification or misuse of School documents or records, including (without prejudice to the generality of the foregoing) certificates in connection with degrees and other academic distinctions.
- ix. Fraud, dishonesty, any act of bad faith, or impersonation of others, within or outside the School, in connection with the student's academic attainments or financial awards, the student's admission to the School, or otherwise in connection with the School.
- x. Contravention of conditions stipulated or undertakings made by the student in connection with admission to the
- xi. Disrespectful behaviour, rumour mongering, character assassination, defamation of, assault or battery against any employee or student of the School.
- xii. Sexual, racial, or any other kind of harassment of any employee or student of the School.
- xiii. Maliciously and without reasonable cause, laying a complaint against any employee or student of the School.
- xiv. Ragging, which term shall, without prejudice to the generality of the term, include conduct intended: (i) to humiliate

- another student or hold such other student up to ridicule; or (ii) to interfere with another student's peaceable enjoyment of his/her privileges, benefits, rights or facilities.
- xv. Bullying: "Bullying" means repeated behaviour by an individual student, an individual student within a group of students, or group of students that is intended to cause the victim(s) to feel frightened, threatened, intimidated, humiliated, disgraced, ostracized, or physically abused. Bullying implies an imbalance in power or strength in which the student being bullied has difficulty defending him or herself. Bullying can take many forms, including physical, verbal, social / relational and/or cyber bullying.
- xvi. Indulging in or encouraging any form of malpractice connected with examination or other school activities.
- xvii. Disruption or improper interference with: (i) the academic activities or administration of the School; or (ii) the performance of duties by any employee of the School; indulging in any sort of agitation to coerce or embarrass the school authorities.
- xviii. Failure to comply with any disciplinary sanction or other requirement imposed on such student.
- xix. Habitual late coming and frequent absenteeism.
- xx. Telling lies about students, teachers, parents or about any matters pertaining to the school.
- xxi. Possession and/or use of liquor or narcotics or cigarettes on the school premises.
- xxii. Possession and/or use in school premises of weapons, explosives, and other objectionable materials.
- xxiii. Divulging confidential matters relating to school.
- xxiv. Propagating or indulging in communal or sectarian activity.
- xxv. Discourages the public in seeking admissions or encouraging them in withdrawing admissions from the school or any other school being run by the management.
- xxvi. Is discovered to have misled or cheated the school, by way of submitting false or fake documents/certificates or intentionally makes misleading statements to the school.
- xxvii. Defames the school or the school management or the persons associated with the school in public or discloses incorrect information about the school so as to bring ill repute to the school or its management committee or its present Employees or the institution as a whole.
- xxviii. Adding or attempting to add harmful foreign substances to food or beverages, including spitting into food or beverages or spitting on food trays.
- xxix. Falsifying signatures or data on official record. Refusal to give correct identification or giving false identification when requested to do so by a staff member.
- xxx. Leaving school buildings or grounds during school hours without proper clearance.
- xxxi. Running and / or making excessive noise in the hall or building, Loitering, or occupying an unauthorized area in the school or on the school ground.
- xxxii. Carrying cell phone to school.
- xxxiii. Conviction by a court of law for criminal penalty.
- Breach of any of the above Unacceptable Behaviour by a student may lead to exercise of discipline powers by the School under the Suspension and Expulsion Policy.

SOCIAL MEDIA RULES AND RESPONSIBILITIES

1. Protect your own Privacy

Do not upload post or divulge any information that will compromise your privacy or professional confidentiality. Beware of scammers and identity thieves. Only accept invitations to share information from people you know. Utilise privacy settings to control access to your network, web pages, profile, post blogs, etc.

2. Identify with your own Identity

Always use your real name to post or share content on social media. If you are sharing or posting content on behalf of School, and wish to promote school activities or achievements identify yourself as a student or staff member.

3. Maintain respect

Sharing content, thoughts and views with others is the ideal of engaging in social media. Always be respectful and avoid inflammatory, racist or offensive language. Do not upload offensive or explicit written, audio and video content.

4. Be responsible online

You are responsible for any content or comments personally made by you. Always maintain a clear and calm-minded approach for sharing any content online. Ensure that you always protect your privacy and do not insult, threaten or deride anyone on the grounds of caste, religion, race, nation, gender or circumstances in a manner that goes against School's code of conduct.

5. Think before making any post

Social media has a strong 'viral' quotient, making any comment, post or sharing of thoughts, ideas or events reach out to people worldwide in a matter of seconds. Be mindful of what you post. Search engines and archival systems save information, which can be retrieved years after the post has been made.

6. Cyber Bullying

Cyber bullying is considered as an act of harassment. Do not indulge in this crime in any manner whatsoever.

7. Maintain Personal and Organisational Confidentiality

Do not post any information that is confidential personal or commercial information about School, its students, teachers or staff members.

8. Manage your time spent online

Users should allocate a certain amount of time to using social media to avoid over usage and manage time for studies, co-curricular activities and other important work.

9. Precautionary use of photo uploads

Social media involves photo-based communication, and a large number of images. These can be manipulated and used in other areas without the user coming to know. Hence, caution should be exercised to protect your identity, and above all, integrity.

SCHOOL TRANSPORT

Students are expected to reach school 10 minutes before the start of the Zero period (start of the school) or as per the arrival of the school bus. Students arriving late with parents too will not be allowed to enter the school premises without a plausible explanation. Arriving late for school is not acceptable. Students found to have come late for more than one day in a term/semester will not be allowed to attend classes on second such occurrence and disciplinary action shall be taken against them.

- Under no circumstances are students allowed to go behind or under the buses parked in the school campus. Students are also not allowed to sit in parked buses during school hours.
- Under no circumstances should students touch the instrument panel of buses.
- A student using the school bus is expected to be at the bus stop at least five minutes before the scheduled arrival of the bus. The student has to be on the correct side of the arriving bus.
- NO student has the permission to commute to school on cycles or self driven two / four wheelers.
- Students will be issued identity card. It should be worn by the student before boarding the bus and should be worn at all times till the completion of the return journey.
- Students are allowed to use only their allotted bus and bus stop. There is no provision for temporary change in bus or bus stops.
- Students who miss the allotted bus, should not try to board any other bus. In such cases it is the responsibility of
 parents to drop their wards to the school. Such students may, however, return by their allotted bus.
- Students must make sure that the aisle of the bus is clear, and that school bags and other belongings are placed properly.
- Students must keep all parts of their body inside the bus at all times. They should not put their hands out even for waving.
- No object should be thrown inside or outside the bus.
- The consumption of edibles and drinks is not permitted in the bus.
- Unruly behaviour like shrieking and shouting is strictly prohibited.
- The driver's attention must not be distracted for any reason.
- The drivers are authorised to stop buses at designated stops only, unless otherwise directed by the bus teacher after consultation with the Transport In-charge.
- The list of stops is prepared keeping in view the convenience and safety of all bus commuters subject to change.
- In case there is a permanent change in stop and/or bus, permission for the same has to be sought through an application.
- The change shall become effective only after the school grants permission.
- Request for temporary change in bus or bus stops will not be entertained.
- Parents should, for the safety of their children, ensure that their wards are always escorted to and from bus stops.
- In case of small children especially the Pre-Primary Student, it is compulsory for parents to be on the stop to escort the child.
- If the identity card is lost, or become unusable for any reason, a new identity card can be procured by applying to the school along with administrative charges of Rs. 100/-.
- Parents/Nominees of students who do not avail the school's transport should present themselves at the school gate 15 minutes before the start/dispersal of the school to drop/collect their wards.
- Dropping/Picking up the child for the sole purpose of doing worksheets or test is not allowed.
- If, due to certain exigencies, a student has to leave the school campus during school hours, the following rules will be observed:
 - A written request must be submitted by the parent
 - Only parent/guardian whose identity is given in the diary can collect the child from the school.
 - The School Leaving Register must be signed.
 - A Permission Slip must be obtained and shown at the school gate before leaving the campus.
- Parents are not allowed to enter the bus under any circumstances.

ATTENDANCE

Regular attendance is vital to the learning process and is an essential component of every course and activity. Students are expected to attend all classes regularly and punctually. It is the responsibility of the student and his/her family to inform the school about planned absence. The school must also be informed as soon as possible of absence that results from unforeseen circumstances. A minimum attendance record of 75% of the total number of working days in each term is compulsory.

Repeated absence without notice or unexplained absence without written application for more than six consecutive days renders the student liable to have her/his name struck off the rolls. Re-admission may only be granted after payment of a re-admission fee. All students are expected to attend school on the opening day immediately following the vacations. Absence on the day of reopening of the school will attract strict disciplinary action.

Note: "Absence" means any absence that occurs on a scheduled school day.

UNIFORM POLICY FOR STUDENTS

HIS requires all students to wear the prescribed School uniform while attending classes and organized School events, unless otherwise instructed. The School expects that a student will be neat and clean in uniform at all times and that clothing is in good repair and appropriate to the activity or occasion.

Monday, Tuesday, Thursday & Friday

Regular Uniform Includes

- Sky Blue Shirt Having Logo on Pocket
- ▲ Blue Strip Pant (grade I to XII boys)
- ▲ Skirt upto the knees (grade VI to XII girls)
- ▲ Tunic upto the knees (grade I to V girls)
- Tie (Plain with Logo) [grade I to XII boys and grade VI to XII girls]
- ▲ Navy Blue Belt with 2 Sky Blue Strip
- Navy Blue Socks with 2 Sky Blue Strip
- ▲ Black Shoes (Gola / Adidas) well polished
- Compulsory Blazer During Winter.
- ▲ I.D. Card (Mandatory)
- No Ankle Socks
- Leggings During Winter and Tights During Summer for girls.

Wednesday

- ▲ House T-Shirt
- ▲ White Pant / Skirt
- Navy Blue Belt with 2 Sky Blue Strip
- ▲ White Socks
- → White Shoes (Gola / Adidas)

Saturday

- House Track Suit
- Navy Blue Socks with 2 Sky Blue Strip
- A Black Shoes (Gola/Adidas) well polished

General instruction about uniform:

- The uniform has to be clean and ironed neatly every day. The shirt has to be neatly tucked in.
- Freshly washed socks are to be worn every day. Socks should not sag.
- Clean, washed, polished shoes are to be worn every day.

General instruction about:

- A. Hair and Nails:
- No hair colour/ gel/ spikes and other types of hair styling allowed for any student.
- Boys should keep their hair short and neat.
- Girls with
 - Short hair cuts should keep their hair in place using black hair bands or clips.
 - Hair falling to their shoulders should tie it in two pony tails with black elastic bands or ribbons.
 - Longer hair should be tied in two plaits using black elastic bands or ribbons.
 - No fringes or bangs are allowed. Hair must be pinned back to prevent it from falling on the face.
 - Nails must be clipped close and kept clean. No nail polish is allowed.
- Non-natural coloured hair (purple, blue, brown etc.) is not permitted.

B. Jewellery and Cosmetics:

- ONLY ear-studs, preferably inexpensive ones, are allowed.
- Children are not allowed to wear any other form of jewellery to school. This would include dangling ear-rings, bangles, rings, anklets etc.
- In case parents choose to put on expensive jewellery (gold, platinum etc.) for their child, the school will not be responsible for the loss of the property which also compromises on the child's security in general.
- Children are not allowed to wear watches to school till Class IV. Students of Class V onwards may wear normal watches. Smart watches are strictly prohibited.
- Children are not allowed to wear lipstick or other cosmetics.

GENERAL APPEARANCE RULES:

- Students are allowed in school only in school uniform.
- Girls are not allowed to apply henna on their hands or nail paint on nails. They are not allowed to wear earrings or rings on fingers or nose rings. However, one pair of small ear studs is permitted.
- Students are not allowed to report to school with religious threads tied on their wrists. They shall not wear any bracelet.
- Girls with long hair must plait their hair. Hair-band is a part of uniform and it must be worn by all girl students in school campus, inside bus and outside school campus while representing school. Colouring or bleaching of hair for fashion in not permitted.

Shine Bright...Aim High...Be Humble...

- Non Sikh boys should get their hair cut at regular intervals (no stylish haircut permitted) and ensure that it remains combed at tidy.
- Every student will be issued Almanac & I-card free of cost for the first time. Once issued, students have to bring their Almanac & I-card daily to the school. In case of loss/damage of these items, new card/diary will be made available which will be payable as per the rules. For I-card Rs. 100/- Almanac Rs. 250/-

MORNING ASSEMBLY

Morning assembly is held on assigned weekdays.

- Students are required to reach the designated area /assembly ground after leaving their belongings in their respective classrooms.
- Students get an opportunity, on class-wise rotational basis, to address their school mates and share an insight into the major current events, talk on historical events of the past and showcase their talent.

LANGUAGE OF INSTRUCTION

The language of instruction at the School is ENGLISH, which must be spoken in all classroom situations, moving from class to class, and in all other scheduled activities, such as sports, except those classes in which a foreign language is being taught. The only exception would be during the time the student is attending his/her Hindi and Culture class.

SPORTSMANSHIP

Philosophy and Objectives

The Guiding Philosophy of the sportsmanship programme is to provide students with important life skills whether they play on competitive or intramural teams. Teams and individual sports play a vital role in developing physical, intellectual, social and emotional well-being.

The main Objective of the coaching staff is to provide a safe and non-threatening environment for practice and games. Despite the School's best efforts in this regard, there is a possibility of injury. HIS and its staff will take all reasonable precautions to ensure student safety including proper practice and game warm up.

Code of Sportsmanship

- + A Code of Sportsmanship requires the following code to be upheld by all players and spectators.
- + The rules of any game must be regarded as mutual agreements, the spirit or letter of which no one should try to evade or break.
- + No advantages are to be sought over others, except the advantage of superior skill.
- + Officials and opponents must be regarded and treated as honest in intention.
- + Decisions of officials, must be accepted absolutely by players and coaches.
- + Visiting teams and spectators are honored guests and should be treated as such.
- + To win is always desirable, but to win at any cost utterly defeats the purpose Every team must learn that losing can be a triumph when their best has been given. Coaches, players or spectators who do not fully support this code have no place in our representative matches.